A woman with dark hair, wearing a long, light-colored dress with a delicate floral pattern, stands in a small green boat. She holds a wooden oar. A Shiba Inu dog sits on the boat's edge, looking towards the camera. The background is a calm body of water reflecting the surrounding green foliage.

P A R K

MAGAZIN

AUTUMN 2018

mom  
P A R K



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# CATCH

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BOUTIQUE

JOOP!

CALVIN KLEIN JEANS

**ETON**  
THE SHIRTMAKER SINCE 1928

  
**HACKETT**  
LONDON

  
ASTON MARTIN  
RACING

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## NEW TRENDS COMING YOUR WAY

This autumn brings you a multitude of novelties not only in fashion but also in MOM Park.

Several new brands and restaurants are awaiting shopping and food lovers in MOM Park this season: adventurous trends, stylish outdoor pieces and numerous street food meals can now be found on the fashion and gastronomy palette of MOM Park.

You should consider shopping in MOM Park also this season as we are preparing with new sweepstakes, thematic weeks and the popular MOM Park Shopping Days.

Take an adventure in our shopping centre, discover the latest fashion and food trends and win a trip to beautiful Lake Garda or one of the many valuable prizes.

I wish you an adventurous season filled with experiences!



**Anna Szegedi**

MOM Park Marketing and PR Director





# AUTUMN RENEWAL

The new season welcomes you with adventurous trends providing you with plenty of reasons for updating your wardrobe – puff sleeved tops, tartan pattern, Wild West fringes and stylish bohemian pieces to cheer you up. Not only are the fresh trends offering exciting novelties, but you will find plenty to discover this autumn also in MOM Park.

The line-up of ladies' fashion brands has been enriched by the German Luisa Cerano and a new drugstore, Müller has recently opened in MOM Park shopping centre. H&M is awaiting its loyal and new customers alike on an even larger floor area, offering limited collections. As from this autumn, Spiler, well-known for its street food offering, is taking care of your new gastronomical experiences.

And if all of this would not suffice for a wonderful start of season, then we are pleased to announce that you may win some exciting prizes with your purchases. Indulge your shopping passion between 27 August and 7 October as our valuable grand prizes also include a wonderful trip to Lake Garda.

And if you want to multiply your chances for the prizes, then take part in the popular **MOM Park Shopping Days** between 4 and 7 October.

Have a fun adventure in the renewed MOM Park and be among the first ones to discover the season's latest trends!



# ADVENTUROUS TRENDS

If you recently followed celebrities' street style trends, you certainly noticed that their wardrobe includes more and more colourful puffer jackets, vests and outdoor wear.

This trend is called gorpcore which came in as a comet into the world of fashion after normcore (a unisex fashion trend characterized by unpretentious, average clothing) and athleisure (the sporty smart casual look). But what is this newest frenzy about?

Gorpcore is a trend born from mixing outdoor gear and glamorous lifestyle, taken up by renowned fashion houses such as Prada, Balenciaga, Chanel or Vêtements. Therefore it is not surprising that parkas, durable raincoats and all-waterproof boots lined up on the most exclusive catwalks and claim the place they deserve in your wardrobe this autumn.

But there are more trends to enjoy this season, such as Boho chic and Western style. So everything in this season is about adventure.

Dare to experiment with the latest trends, combine them boldly, create your unique collection and last but not least enjoy the freedom of fashion!

# OUTDOOR RULES!

Designers were inspired by many different styles this autumn as well, but their collections are reminiscent of the ideal woman who adores sparkle and glamour but dares to put on a parka and hit the road to explore unknown territories.

So what should you expect this season?

First of all, variety. Warm and soft garments - knit sweaters, faux fur coats and puffy jackets - continue to rule, allowing you to feel comfortable and safe even under the harshest weather conditions. Easywear, which means, clothing that is easy to put on and combine, is also strengthening this trend. But luckily, the world of fashion has not forgotten playfulness, colours and glimmer.

Metallic fabric, statement accessories, burgundy, ochre, khaki and bold animal pattern prints can all be found in this season's fashion trends, creating space for self expression, which is actually the main message of this season's trends.



MAX&Co. parka with fur collar for all seasons – MAX&Co.: 189,690 HUF / NUBU silk dress – NUBU: 78,900 HUF /  
Pandora silver necklaces – Pandora: 27,000 HUF/item / Hearts of Pandora, Gloria silver ring with zirconia – Pandora: 19,500 HUF /  
Sparkling hearts of Pandora, circle ring decorated with 92 zirconia stones – Pandora: 22,500 HUF/





7

# The big bag review

When it comes to bags, you'll be spoiled for choice this season. Whether you want it to be super spacey or tiny, with character or simple design, you will find your preference in the autumn/winter collection.

There are no big surprises in terms of design: you will not have to say goodbye to the classic models this autumn either as the evergreen shoulder bags and handbags continue to thrive.

But this does not mean that we are looking forward to a boring season. Designers let their imagination run wild when it comes to the design components: interchangeable straps, variations with faux fur and feather, stud decoration, patchwork details and enamelled metal buckles characterize this year's trends.

No matter what you choose, one thing is certain, the overall impact will be bold, yet irresistibly feminine with the new autumn models.



Furla Deliziosa bag:  
131,500 HUF



Coccinelle Ambrine  
Autumn Garden bag:  
154,900 HUF



Liu Jo Cordusio Satchel bag:  
59,590 HUF



H&M bucket bag:  
8,990 HUF





H&M Pearl earrings – H&M: 2,990 HUF  
H&M oversized sweater – H&M: 6,990 HUF  
H&M patterned tunic – H&M: 9,990 HUF  
H&M lace blouse – H&M: 5,990 HUF  
H&M corduroy pants – H&M: 8,990 HUF

From every-day basics to eye-catching outfits, H&M will dazzle you with a multitude of stylish and trendy looks.

This year the Swedish fashion brand has once again included the puff sleeved, oversized sweaters among its seasonal favourites, but it also lines up some novelties: garments made of corduroy fabric are once again part of the collection after a long time. But next to the emphatic silhouettes and masculine characteristics, there is ample room left for the feminine appearance. This autumn lace blouses, bohemian prints and faux fur coats increasingly hold sway.

Discover your new favourite clothes and accessories in the enlarged **H&M** store of MOM Park!

BOHEMIAN  
attitude

# LESS IS MORE THIS SEASON!

We asked **Magyar Eszter**, makeup artist of the 2018 autumn campaign of MOM Park, about the season's beauty trends.

## **How would you characterize the 2018 autumn makeup trends?**

We can say that the perfectly fresh skin is the indispensable foundation of this season's trend. Many recognized brands became the followers of the makeup minimalism principle, according to which less is sometimes more, and the healthy and natural look is the new classic.

## **What comes and what goes?**

The concept of low-key contour is a novelty as it goes against what we saw so far, but it is perfectly aligned to the autumn trend! Strong and emphatic contours are now history.

## **Is the emphasis on the eyes or on the lips this season?**

The Trinity of fresh facial skin, nicely shaped eyebrows and finely defined eyelashes is the leading look this year. We can spice this up with a line at the base of the eyelashes or a colourful highlight on the eyelids.

## **What would you recommend for someone who wants to emphasize the lips?**

To achieve a perfect overall effect, after having tapped the light shade onto your lips, also put some lipstick on your cheekbones and blend it gently into your foundation!



Liu-Jo embroidered muslin dress – Liu-Jo: 86,990 HUF  
Pandora silver earrings – Pandora: 4,990 HUF  
Coccinelle silver plated necklace – Coccinelle: 33,900 HUF  
Coccinelle silver plated bracelet – Coccinelle: 18,900 HUF  
H&M slim ring set – H&M: 1,990 HUF







## EXPERT IN BEAUTY CARE

Quality at attractive prices – says Müller, the German expert of lifestyle and beauty care, now open and welcoming its clients also in MOM Park.

Back in 1953, when the company was founded, no one knew that a real success story was about to start, soon to revolutionize the entire drugstore market.

The founder of the company, Erwin Müller further developed his hair salon in the 70s following the example of the American perfumeries and created the first self-service drugstore.

Today the company has more than 750 stores offering a wide variety of luxury perfumes and organic products. Furthermore, over the past years it also expanded its product offering within the segment of natural cosmetics. Next to the classic items such as Weleda, innovative brands and Müller's private label natural cosmetics also play a key role in its offering.

Let yourself be enchanted by the experience of high-end shopping in the **Müller** store of MOM Park!



Douglas Heaven Primer base cream – Douglas: 5,990 HUF  
 Douglas powder brush – Douglas: 2,994 HUF  
 Douglas Chic & Shine Highlighter Pearl – Douglas: 4,490 HUF  
 Douglas Dual Rich Mascara – Douglas: 2,495 HUF  
 Douglas Lip Duo lipstick – Douglas: 4,490 HUF

## ENCHANTING NATURALNESS

After the summer season you can once again start using makeup with more intense covering and darker shades. But the latest trends warn to use these tones lightly as this autumn minimalist makeup is the winner.

The basis of this look is the glowing and fresh looking complexion. You can achieve this look by using primers adjusted to your skin quality and strobe products (highlighter creams and creamy highlights) after hydrating your skin and before putting on your makeup. If your skin is problem free, then you may opt for sheer/light coverage foundations, but BB and CC creams may even be used instead. The minimalist makeup cannot be perfect without ravishing lashes and sumptuous, nicely shaped eyebrows. Using a mascara with a precise, small-size applicator, you can easily achieve the desired effect.

Visit MOM Park's **Douglas** store where you can find all you need for the perfect autumn makeup!

# THE STYLISH ADVENTURER

This year's men's trends are dominated by the intense, booted, outdoor appearance. Khaki, green and stone colours can be your perfect accompaniment in the 2018/19 autumn/winter season. Moreover, if you choose these shades, you will not have to worry about getting stuck with the boring black and grey combination.

When it comes to accessories, the absolute winners are hiking boots. You can easily combine them with your office clothes as the adventurer - representing relaxed and easy-going elegance - is the ideal of this year's trends. Grab a leather handbag matching the colour of your boots and you are ready for the season!

The other must-have is the technical equipment. Coats developed for extreme weather conditions have become fashion friendly nowadays and are part of the daily look. And if you happen to choose one in black or night blue shade, you can be certain that it will not be a one-season investment.



Copenhagen raincoat – Helly Hansen: 59,990 HUF / GANT cotton fabric jacket – GANT: 148,900 HUF /  
Hackett knit sweater – Catch: 57,500 HUF / Eton cotton shirt – Catch: 50,000 HUF /  
Tommy Hilfiger leather belt – Griff: 21,990 HUF / GANT jeans – GANT: 26,590 HUF /  
GANT Suede leather high boots – Office Shoes: 49,990 HUF / Lighthouse lamps (medium) – Butlers: 9,990 HUF /  
Eternal Flame LED candle – Butlers: 2,990 HUF /





H&M bomber jacket – H&M: 8,990 HUF / Helly Hansen knit sweater – Helly Hansen: 33,990 HUF / Metal bottle – Extrametál: 2,490 HUF / GANT leather boots with the fabric lining – Office Shoes: 54,990 HUF / GANT leather strap watch – GANT: 63,990 HUF / Swiss pocket knife – Extrametál: 29,800 HUF / Ray Ban optical frame glasses – Optic World: 60,990 HUF / JOOP leather briefcase – Catch: 94,500 HUF / Leather notebook – Pirex: 6,990 HUF / Faber Castell graphite pension – Pirex: 660 HUF / Faber Castell fountain pen – Pirex: 39,990 HUF / Helly Hansen heat resistant steel water bottle – Hervis: 9,990 HUF / Ginger Meister ginger beer – Anita Delicate: 790 HUF /

# SMART SOLUTIONS

## Nokia Body+

Full body composition, trend screens and nutrition tracking. This Wi-Fi scale will help you achieve your set goals! 32,990 HUF / iCentre



## MacBook Air 13" i5 1.8GHz/8GB/256GB

The combination of outstanding design and cutting-edge technology. This is the renewed MacBook Air, which will differentiate you from the crowd throughout the day. 439,990 HUF / iCentre



## GoPro Hero

Equipped with Wi-Fi and Bluetooth connectivity and Quick Stories features, this camera enables you to take and automatically edit amazing videos, offering high-quality Full HD resolution.

A true must-have!

74,990 HUF / iCentre

## DJI Mavic Air

A drone with a new design that you can take with you anywhere – DJI Mavic Air. This ultraportable, foldable, top-quality compact device offers high-end flight performance for its users. 263,990 HUF / iCentre



## Gamevice Controller for iPhone

It only takes two steps to transform your iPhone into a portable gaming powerhouse! What is more, with this game controller you can also control your DJI Spark drone and Sphero drone! 37,990 HUF / iCentre



# FIT SPORTY ACTIVE

## Suunto Spartan Ultra HR

A stylish adventurer with 18 hours of battery life, multi-sports mode and a monthly training summary and log. 214,999 HUF / Hervis



## Garmin Vivoactive 3

This subtle smartwatch monitors your fitness level and features indoor sports apps, including yoga, running, swimming. 169,999 HUF / Hervis



## Polar V800

This rugged multisport GPS watch is a real training buddy equipped with fitness tracking features, intelligent calorie counter and adaptive running workout schedules. 129,900 HUF / Hervis



## Garmin Fenix 5S

A multisport personal trainer, equipped with fitness and coaching functions, with a colourful display legible even in bright sunlight. 181,999 HUF / Hervis



## Apple Watch Series 3. Nike + GPS

The perfect running buddy, with built-in elevation tracking, expanded running statistics and enhanced heart rate sensor. 129,990 HUF / iCentre



# ADORABLE MINI TRENDS

Kids' fashion keeps more and more up with adult trends, resulting in the spreading of the mini me style, the trend of getting matchy-matchy with the kids. Fortunately there are many loose and comfortable pieces this season that are not only stylish, but also entirely meet the children's needs – they resist wrinkling and provide ample space for free play. Let's now see the latest collections to choose from for ourselves and the mini me's!

Jeans fabric continues to rule. Whether it is a worn looking, skinny or loose pair of jeans, everything goes this autumn! The other big favourites of the season are knit sweaters and cardigans, the perfect accessories to spice up your kids' and your own outfit.

And if you want to stay ahead of the fashion curve and have a really trendy look for yourself and your offspring, then don't forget the outdoor trends ruling the season: a cool bomber jacket, a stylish boot or a Velcro sneaker will be your best choice for every situation and can be the perfect accessory of an easy-going and stylish mini me look.



GANT knit sweater – GANT: 31,990 HUF / Reserved viscose blouse – Reserved: 2,995 HUF /  
H&M chino pants, with suspenders – H&M: 5,990 HUF / ECCO Velcro leather shoes – ECCO: 24,990 HUF /  
Benetton thermos – Benetton: 12,995 HUF / Emily Bone – Alice James: The Usborne Outdoor Book – Libri: 2,499 HUF /



Benetton waterproof bomber jacket – Benetton: 15,490 HUF / GANT cotton shirt – GANT: 7,990 HUF /  
 Reserved chino pants – Reserved: 3,495 HUF / Benetton thermos – Benetton: 12,995 HUF /  
 ECCO lace leather shoes – ECCO: 24,990 HUF / Emily Bone – Alice James: The Usborne Outdoor Book – Libri: 2,499 HUF /  
 Metal candleholder – Butlers: 1,190 HUF / Joe's Tea Co. filter teas – Anita Delicate: 2,500 HUF /  
 Berg Judit: Rumini and the four maces, book – Libri: 3,490 HUF /  
 Peter Wohlleben: The hidden life of trees, book – Anima bookstore: 3,999 HUF /

# GLAMPING-FEVER

Autumn's charm and magic can be best experienced when relaxing in nature. But this year, forget traditional hiking and try something new in line with this season's trends! Let's go glamping, where the stunning nature meets modern luxury!

Glamping comes from the fusion of glamour and camping and its origin goes back to the early 20th century when African luxury safaris came into style. On these occasions „the rich and famous” enjoyed wilderness in the company of fine food and wine served on porcelain plates and crystal glasses in tents decorated with carpets.

We also can try this superb camping experience as glamping fever is also spreading in Hungary. You can stay in floating tents, tree houses or even exclusive Asian yurtas in Noszvaj, Ábrahámhegy or in the Őrség.

But if you don't want to travel far away, even your backyard is suitable to summon the world of these luxury picnics: just throw around a few decorative pillows, light some candles and have some tasty snacks and drinks served on porcelain plates and crystal glasses to experience the feeling of glamping!

Jamie Oliver: Every day superfood, book – Libri: 6,999 HUF / De La Roya serving bowl – Butlers: 2,290 HUF /  
BBQ grill fork and serving spoon – Butlers: 3,990 Ft/item / White wine glass – Bortársaság: 2,200 Ft/piece /  
small size Plateau slate cutting board – Butlers: 1,790 HUF / Fleur de Sel Camargue French coarse sea salt – Butlers: 2,250 HUF /  
Pultex wood lined wine opener – Bortársaság: 12,900 HUF / Bistro round steel tray – Butlers: 9,990 HUF /  
Pino Blanc white wine – Bortársaság: 3,950 HUF / Extra virgin Italian olive oil – Anita Delicate: 5,990 HUF /









**Lighthouse lantern, large**  
14,900 HUF / Butlers



**De La Roya cup, 350 ml**  
1,690 HUF / Butlers



**Baronet cutlery, matte silver**  
3,990 HUF / Butlers



**De La Roya bowl, 120 ml**  
1,490 HUF / Butlers



**Oriental Lounge decorative tray, 33 cm**  
6,990 HUF / Butlers



**Lord wrought  
napkin ring**  
990 HUF /  
Butlers



**Variado linen napkin,**  
42 cm x 42 cm  
2,490 HUF / Butlers

## NATURE IS SERVED

All you need is imagination to create a new home or new lifestyle – says the home furnishing expert Butlers, offering you a multitude of trendy accessories and ideas for your home also in the new season.

One of the key components of this autumn collection is the De La Roya dinner service, bringing to your dining table untouched nature and its awe-inspiring forms and shapes.

The amazing pastels and organic shapes inspired by plant life provide ample opportunities for variety.

The time is ripe to let your imagination run wild when laying the table. Experiment, mix and match and allow the bohemian autumn nature move into your dining room!

For more ideas and inspiration, please visit the **Butlers** store in MOM Park.



**Konyári Loliense white, 2017**

A cheerful classic from Dani Konyári. The palate is refreshing and round with flavours of apple, peach and gooseberries. It opens up slowly, then becomes a juicy, ambitious wine. 2,390 HUF / Bortársaság

**Konyári Loliense red, 2015**

An elegant, warm toned, full-bodied red wine, red purple in colour, characterized by pure scents and aromas of coffee. 4,650 HUF / Bortársaság

## AUTUMN WINE REVIEW

Along with the seasons, our drinks also change. In autumn – when the weather is getting colder – light, fresh, fruity drinks are replaced by more luscious, mature and richer flavors.

Here is our autumn selection with the recommendation of **Bortársaság**:



**Veuve Clicquot Brut**

Golden yellow luxury champagne with fine yeasty notes, offering the flavours of brioche, white peach, anise and vanilla. A real classic! 14,950 HUF / Bortársaság

# AUTUMN FEELING FOR HOME

The arrival of autumn doesn't mean that you have to say goodbye to time spent outdoors. Evenings are not too cold yet for enjoying some quiet time on the terrace or in the garden wearing a comfy knit sweater.

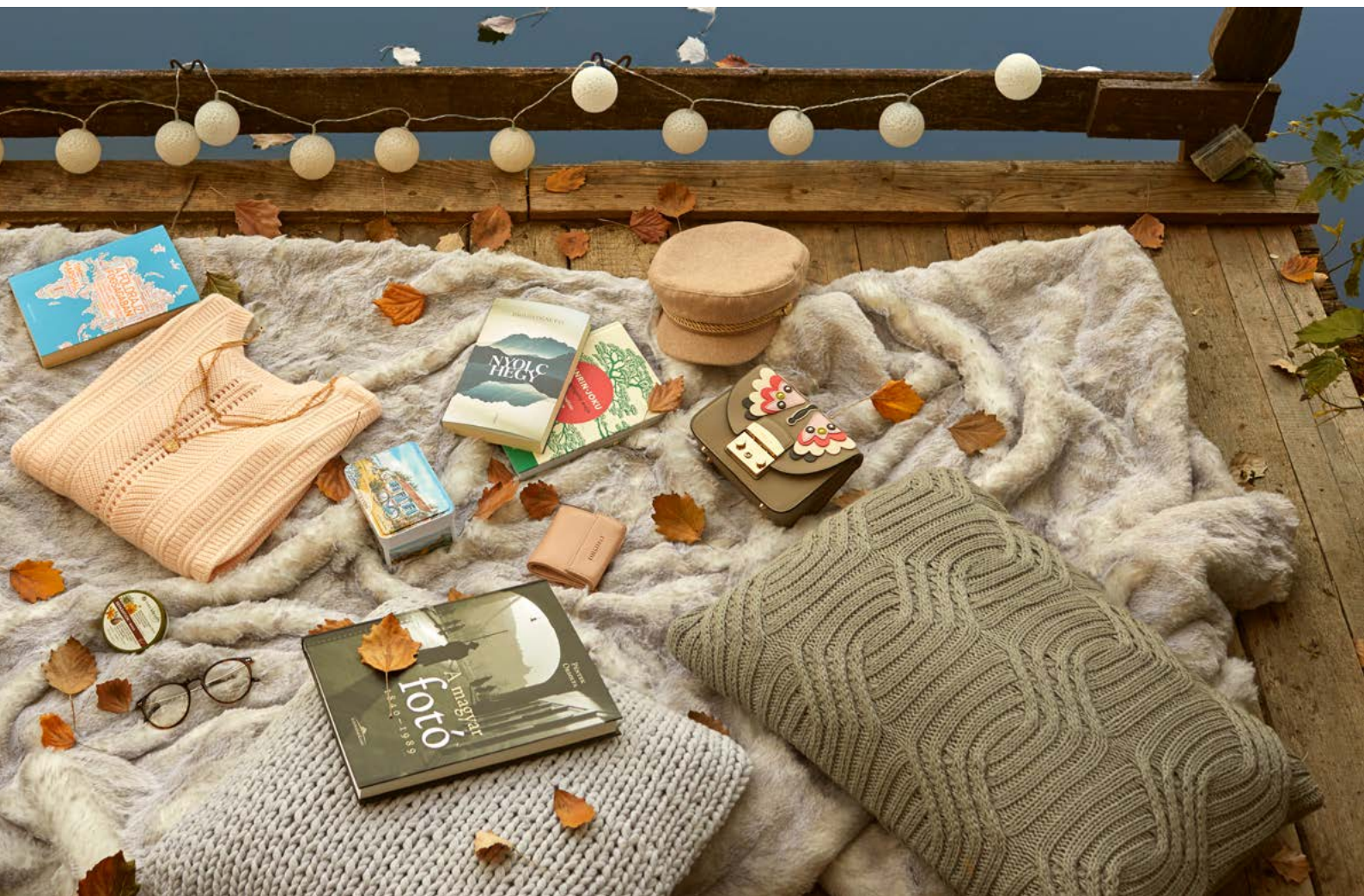
But you don't have to leave nature behind even if you prefer to keep warm inside: this season's home decoration trends encourage you to smuggle some of the autumn wilderness right into your home. Let's now see a few tricks to renew your home!

Grey basics are determining this season, be it smaller or bigger decorative objects or furnishings. You can create a refined and elegant atmosphere in any room of your home using this colour. When it comes to patterns, minimalism is reflected there too – instead of dynamic and artificial prints, playful interior textiles and accessories inspired by the autumn environment play the key role. The real must-haves are the lovely soft, warm blankets and oversized velvet and knit decorative pillows allowing you to relax completely and immerse in your favourite book.

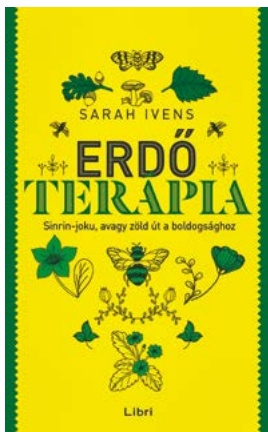
Reserved knit sweater – Reserved: 4,995 HUF / H&M stacked necklace – H&M: 1,990 HUF / H&M ball cap – H&M: 1,990 HUF / Furla casual leather bag with metal chain – Furla: 112,000 HUF / Optical frame eyeglasses Giorgio Armani – Optic World: 79,990 HUF / Cold protection hand cream – Yves Rocher: 1,790 HUF / Wild thing grizzly bed cover – Butlers: 29,900 HUF / Soft needle knit decorative pillow – Butlers: 12,900 HUF / Butter cookies in decorative box – Anita Delicate: 3,990 HUF / Coccinelle leather wallet – Coccinelle: 26,900 HUF / Tim Marshall: Prisoners of geography, book – Libri: 3,950 HUF / Paolo Cognetti: The eight mountings, book – Libri: 2,990 HUF / Orsolya Péntek: Hungarian photography (1840–1989), book – Libri: 6,900 HUF / In the Mood decorative twinkle lights – Butlers: 4,990 HUF / Sin Sin Joku: The healing power of trees – Libri: 4,500 HUF /











**Sarah Ivens – Forest Therapy:  
Seasonal Ways to Embrace  
Nature for a Happier You**

Libri Bookstore

257 pages, 3,499 HUF

Sarah Ivens's inspiring volume is full of easily applicable, entertaining ideas that help you free yourself from the lethargy and exhaustion caused by stress. You can learn how spending time outdoors can become a part of your daily routine either with your partner or your children, or even by yourself, you can reap the benefits of its positive effects. By following the advice of Forest Therapy, you can realise surprising and at the same time wonderful changes in yourself and in your relationships.

# BOOK REVIEW

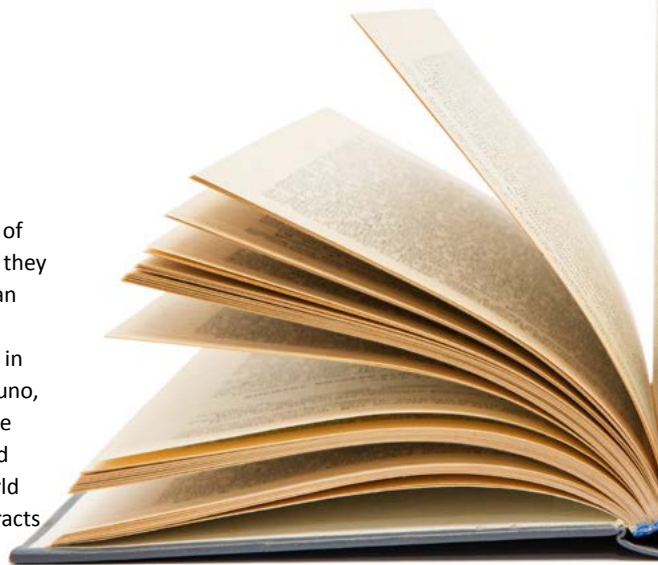


**Paolo Cognetti – The Eight Mountains**

Libri Bookstore

251 pages, 2,999 HUF

Pietro's parents are connected by the passionate love of the mountains: the peaks of the Dolomites are where they fell in love and got married before they moved to Milan after a family tragedy. While shopping for a weekend house away from the hustle and bustle of modern life in a quaint little town in the mountains, Pietro meets Bruno, cousin of a mountain shepherd. Outlined vividly on the pages of the book, you can read about the lifelong and unusual friendship of the two boys, as well as the world of the mountains, which despite all of its brutality attracts people in a mysterious way.



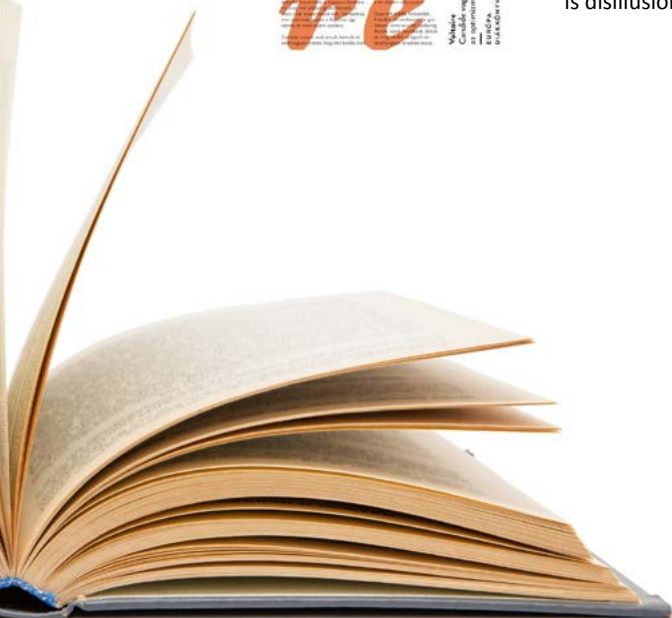


## Voltaire – Candide: Or Optimism

Anima Bookstore

144 pages, 1,199 HUF

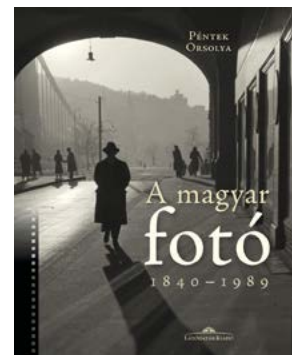
One of the most important works of Voltaire's oeuvre, Candide: Or Optimism is at once a thesis and an adventure novel. Voltaire guides his hero – a simple and gullible youngster who is taught by his mentor, a philosopher named Panglosson that this world, as the great Leibniz thought, is the best of all possible worlds – through the globe. Candide's trip takes him from war to war, from catastrophe to life threatening danger; he suffers all pain imaginable, which contradicts his mentor's teachings. Although by the end of the book Candide is disillusioned of the teachings, he never loses his faith.



## Orsolya Péntek – Hungarian Photography 1840–1989

Anima Bookstore

344 pages, 6,900 HUF



The volume entitled Hungarian Photography embarks on a trip from the beginnings through the neoavantgard period all the way to 1989, and presents the most important works of Hungarian photography. The oeuvres of artists whose amazing talent made them successful – and deservedly so – all around the world: André Kertész, Robert Capa, László Moholy-Nagy, György Kepes, Lucien Hervé, Brassai, Márton Munkácsi, Éva Besnyő or Ergy Landau and also those who earned their fame in Hungary, like József Pécsi, Olga Máté, Aladár Székely, Angelo, Károly Escher or Imre Kinszki.



## LUISA CERANO NOW AVAILABLE IN MOM PARK!

Luisa Cerano, a German brand with a rich history, has convinced millions of women worldwide that anyone can easily identify with the fashion products they offer. Whether about feminine elegance or sporty everyday chic, Luisa Cerano is always a step ahead of trends.

Cerano is a family-owned German company, which has existed for over three generations. It is named after a small town in Italy's Puglia region, where some of the manufacturing is done to this day. The brand is famous for its high level of quality and the use of quality textiles. This well-known and recognised premium brand is sold in 50 countries, and is worn by such young and youthful ladies, who appreciate high quality and follow the latest trends.

Discover the **Luisa Cerano** sensation in MOM PARK!





NEW DEALS.  
NEW ADVENTURES.

SHOPPING DAYS  
4-7 OCTOBER

Discover the novelties of  
the season, and buy them  
at reasonable prices!

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# MOVIE RECOMMENDATIONS



## **Venom**

### **American sci-fi, action/horror**

One of the most exciting characters in the Marvel universe finally gets his own movie, and the best-suited actor for the job is Tom Hardy. The creature is Spiderman's most ruthless enemy; he arrives from space, and can only exist inside someone else's body. He is a threat to the world but if needed, he will stand up for the innocent. Full of surprises, even he doesn't know whose side he is on, the dark or the light. In the battle that awaits him he will be in need of both. The new film by the director of Zombieland premieres this fall.

**Premiere: 4 October 2018**

**Rating: not recommended for children under 16.**



## **Bohemian Rhapsody**

### **American-British music/biographical drama**

Bohemian Rhapsody is an adaptation of the life of the legendary and rebellious Queen frontman Freddie Mercury. This fall in theatres we can see the meteoric rise of the band, Mercury's turbulent lifestyle and the glorious return at Live Aid, the greatest concert in rock history.

**Premiere: 1 November 2018**

**Rating: not recommended for children under the age of 12.**



## **First Man**

### **American, biographical/historical drama**

After LaLaLand, a movie scoring 6 Oscars, director Damien Chazelle and Ryan Gosling teams up once again. The movie presents the gripping story of Neil Armstrong. Based on James R. Hansen's book, this film investigates one of NASA's most dangerous missions. The historical drama, among other things, attempts to explore what types of sacrifices were demanded of those involved in the Moon landing, the American people, and Neil Armstrong himself. The script was written by Oscar winning Josh Singer.

**Premiere: 18 October 2018**

**Rating: not recommended for children under the age of 12.**



MARC AUREL

Autumn Opening!  
MOM Park, ground floor





Helly Hansen Women's Lifa Loft jacket  
59,990 HUF / Helly Hansen

*Sigh*

## FOR EXTREME SITUATIONS

Be it about skiing, hiking, sailing or any other outdoor sport, a Lifa Loft jacket stands its ground. The brand's secret is the specially developed material used in its clothing, the Lifa fiber, which thankfully keeps the jacket warm and dry even in extreme situations, while also being light and super comfortable.

Signature



Pandora charms  
from 10,900 HUF / Pandora

## AGELESS STYLE

The newest pieces of the PANDORA Signature lines was inspired by the versatility of the modern woman.

The early autumn collection contains easy-to-combine pieces of jewellery and a diversity of styles that guarantee customisability and variability. Who wouldn't want to glow in different jewellery everyday?

The uniqueness of the collection lies in the fact that you can wear each item in multiple ways: each item can be turned over or worn on a different part of your body to supply you with a countless number of personal appearances. Plus, this iconic, yet playfully charming jewellery comprises distinctive design elements such as a heart, a logo or a paverock detail, which is a favourite of all of us.

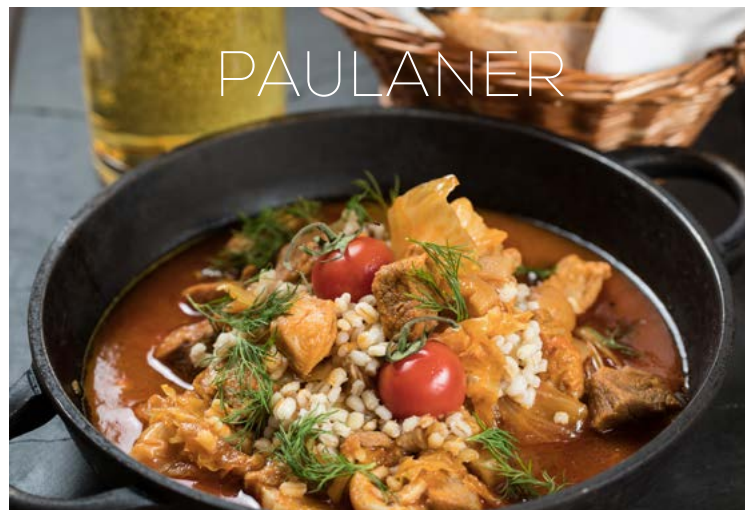
Visit the **PANDORA** store in MOM Park, and express your personal style with the amazing new collection of jewellery.





## WAGYU RIB-EYE, NO RECIPE NEEDED

The wagyu rib-eye steak has no recipe. It has a method of preparation. If it is prepared on charcoal on a Green Egg grill, the high quality raw material will most certainly become a wonderful meal. There are no rules for the side dishes, you can enjoy it with whatever you choose, even fresh autumn vegetables.



## SOUSE'S PIGLET STEW

In the autumn sour tastes are very enjoyable, so it's worth trying the souse's piglet stew, which is pretty easy to put together.

First, braise the finely cut red onion on goose fat, then add a touch of paprika, combine it with cubes of pig leg with the skin on, and add the ground tomato and green pepper. Add salt, a little water, and start braising it on low heat. Before the meat is completely tender, put the cubes of sauerkraut into the pot along with the pearl-barley. Serve with a squirt of sour cream, maybe a little dill and some crunchy toasted bread.



VAPIANO

## SCAMPI E SPINACHI

Two words, eternal happiness! Creamy sauce, onion, spinach, and the king of Mediterranean gastronomy, the scampi! Cook the scampi golden brown in a touch of olive oil and red onions.

Make the creamy sauce even smoother with basil pesto sauce, add the spinach leaves and the representative of classical Italian cuisine, the al dente Vapiano homemade pasta. Unlock all of the taste with a pinch of nutmeg. Garnish with fresh cocktail tomatoes and sprinkle with basil.



SPÍLER

## RIB-EYE STEAK FOR EARLY AUTUMN GRILL PARTIES

On the night before the party, marinate the meat in olive oil seasoned with garlic, rosemary and bay leaf. To accompany the meat, prepare a wine-scallion butter sauce. To prepare the sauce, cook the onions and the garlic until soft in room temperature butter, add sugar, vinegar and wine stock, then let the mix cool. Perfect it with a little parsley and a touch of soft butter.

Next, prepare the steak: both sides take at least 4 minutes each to have a perfect medium steak. It is important to let the meat rest for 10 minutes before cutting up. If you feel like a real connoisseur, you can also serve the meal with roasted garlic and steamed onions.



## ADVENTURE AT LAKE GARDA

Italy's largest lake awaits you with adventures and excitement. The mountainous terrain has a comfortable, Mediterranean climate, and even in the autumn the weather is perfect for outdoor activities. Luckily, natural sites are in abundance, so there will be many wonders to gaze at during your adventures.

Located near the lake, Gardaland Amusement Park is sure to show the kids an unforgettable time.

With MOM Park and **Vista Travel Agency** this autumn you can experience the fantastic lake of Northeast Italy.





## NEW STYLE. NEW ADVENTURES.

Take a stroll through  
MOM Park Shopping Center  
and win a trip to fabulous  
Lake Garda!

Details: [www.mompark.hu](http://www.mompark.hu)

Vista

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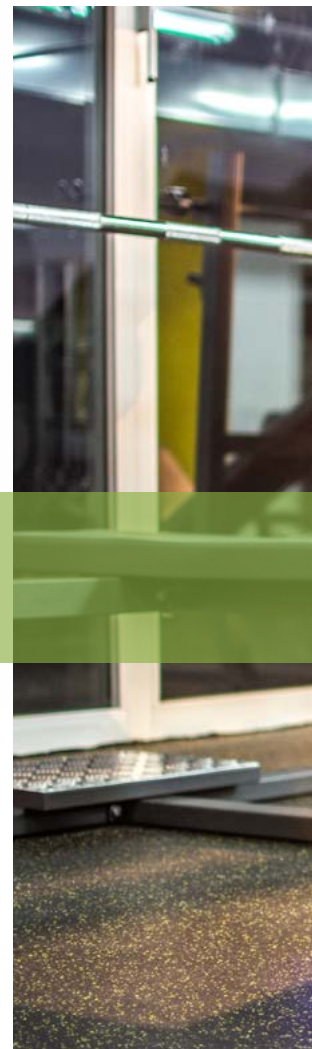


## STAY IN MOTION THIS AUTUMN

Running outdoors is always a good choice, but the cooler weather and the fall landscape can become an additional motivating factor. Nevertheless, there are a few things to remember: Take it slowly! Our body needs time to get used to changing weather conditions, so you should start with short distances.

Dress in layers! Get some equipment that is light, but still keeps you warm – always remember to take a waterproof jacket and a hat with you. Choose the most suitable footwear! Shoes are probably the most important part of our wardrobe. It is important to have waterproof shoes that hold your foot firmly. Stay easy to spot! If you leave early in the morning or late at night, wear something that is easy to notice in the dark.

Find outdoor running gear in the **Hervis** store in MOM Park!



A woman with long brown hair in a ponytail, wearing a black tank top, black leggings, and pink sneakers, is in a starting crouch on a gym floor. She is looking forward with a determined expression. The background shows gym equipment and a bright light source creating a lens flare effect. A green semi-transparent box is overlaid on the left side of the image, containing the text '3 STEPS TO GET FIT'.

# 3 STEPS TO GET FIT

Regular exercise is indispensable to protect your vitality and to become more resilient to diseases, but if you need some extra motivation regardless, we give you a few tips.

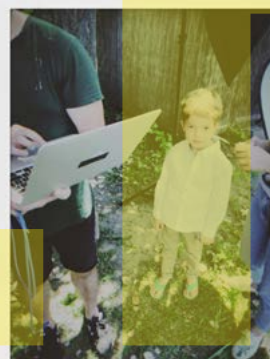
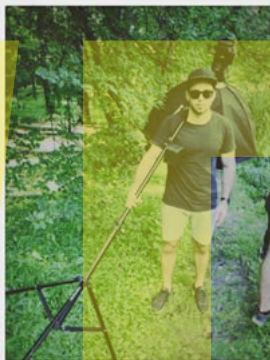
Plan for the long run. Do not try to save the world in one or two weeks but draw up a three-month training plan, and try to improve gradually.

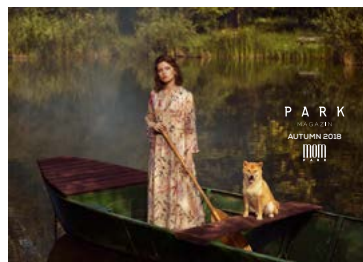
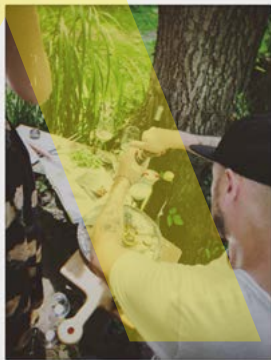
Fitness is a good investment. If you are likely to skip training, you should invest in a gym membership or find your own personal trainer. If you invest money into it, you will be less prone to skip out on training days.

You also deserve a gift. Buy a brand new set of training gear or surprise yourself with a new fitness tracker – this will definitely put you in the mood to head out and exercise.

If you are looking for a personal trainer or a new gym membership, check out **MOM Wellness!**







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